

## Walk in Centre Information

Sefton's Walk in Centre is in Litherland. It is available for the treatment of minor injuries and ailments. There is no need to make an appointment.

Litherland Town Hall Walk in Centre  
Off Hatton Hill Road/Field Lane  
Merseyside  
L21 9JN  
Tel: 0151 475 4667

Opening times:  
8am - 8pm, every day (including weekends and bank holidays)

Other walk in centres close to Sefton are in Liverpool and Skelmersdale.

Injuries and ailments that can be treated at walk in centres include:

infection and rashes  
fractures and lacerations  
emergency contraception and advice  
stomach upsets  
cuts and bruises  
burns and strains

Any member of the public can simply walk in to be seen regardless of where they are registered. Some offer pre-booked appointments.

## Out of Hours Phone Numbers



30 Kingsway Surgery  
30 Kingsway  
Waterloo  
Liverpool  
L22 4RQ  
Tel: 0151 928-8668

## In an emergency

**During the hours of 8am and 6.30pm, Monday to Friday the surgery is open.**

**In an emergency:**

**If you require assistance with a life threatening medical emergency such as if you are experiencing severe chest pain, sudden disabling breathlessness, collapse or severe injury, please telephone the emergency service on 999 immediately.**

**For eye-related problems, there is an emergency service in operation at St Paul's Eye Unit which is held Monday to Friday from 9am to 11am or 2pm to 4pm. For further information telephone 0151 706 3949, St Pauls' Eye unit is located in the Royal Liverpool & Broadgreen University Hospitals NHS Trust.**

## Out of Hours

**After 6.30pm weekdays and all day at weekends, if you need to see a doctor please contact GoToDoc on telephone number 0845 070 4422. The Out of Hours Service is for medical matters that cannot wait until the Practice re-opens.**

**The out-of-hours period is from 6.30pm to 8.00am on weekdays and all day at weekends and on bank holidays.**

**If it is not an immediate emergency then call NHS 111 Service, it is available 24 hours a day, seven days a week. It can provide medical advice and details of the best local service that can provide care. Telephone consultations and triage (an assessment of how urgent your medical problem is) are an important part of all out-of-hours. You can contact them by dialing 111 from a landline or mobile telephone all calls are free.**